



How do you diagnose osteoporosis ?

- A bone density or DEXA scan help diagnose osteoporosis or osteopenia
- If you had a fracture without major trauma your doctor may diagnose you with osteoporosis
- In rare cases, other tests such as a CT scan or peripheral ultrasound can be used to make a diagnosis of osteoporosis
- X-rays – to identify fractures
- You doctor may order blood tests to check calcium and vitamin D levels, hormone levels, kidney function