IIRMC Orthonaedics and Kehabilitation



A Guide to Spine Injection Procedures

Department of Orthopaedics and Rehabilitation

Department of Physical Medicine and Rehabilitation

www.spine.urmc.edu

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Therapeutic (Treatment) Blocks differ from diagnostic injections because a corticosteroid is given with the contrast agent and local anesthetic. The steroids we use are not the kind used by bodybuilders or athletes. They do not build muscles. The purpose of the corticosteroid is to reduce
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