

## **Stroke Specialty Program Scope of Service**

### **Introduction:**

The University of Rochester Medical Center's Acute Rehabilitation Unit serves people in Monroe and surrounding counties who are in need of rehabilitation services after surgery or illness, which causes a decrease in function and requires 3 hours a day of therapy services. Patient must also require medical interventions necessitating care in an acute hospital setting.

### **Stroke Population Served:**

The Stroke Specialty Program accepts all types of strokes including thrombotic, embolic, hemorrhagic, and subarachnoid hemorrhage. The rehab unit accepts patients 6 years of age and over. A pre-admission assessment is conducted on all admissions to determine whether the patient meets admission criteria and the patient is able and willing to participate in an intensive rehabilitation program (5 days per week for 3 hours per day).

The Stroke Specialty Program is designed to:

- Build strength, improve function and build skills needed to complete daily activities
- Improve balance, mobility and safety awareness
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The rehab unit accepts most insurance, Medicare, Medicaid, Workers' Compensation, MVA, commercial plans and self-pay. If the patient does not have the ability to pay, they can meet with a financial counselor and make payment arrangements. More information is available at [URMC Insurances accepted](#)

### **Referral Information:**

Patients can be referred by physicians, case managers, discharge planners and should call 585-275-1544

### **Services Available directly Include:**

- 24-hour Nursing Care
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Recreation Therapy
- Orthotics/Prosthetics

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- Families and caregivers as well as patients are

1. Demonstrate the need for close medical supervision by physiatrist or other physician qualified by training and experience in rehabilitation.
2. Require the 24-hour availability and involvement of nurses skilled in rehabilitation.
3. Require the intensity of an inpatient rehabilitation program, generally defined by the ability to endure and receive a minimum of three hours/day of combined, appropriate therapy for five to seven days/week.
4. Require the involvement of an interdisciplinary team (physical therapy, occupational therapy, speech therapy, and orthotics/prosthetics) in the delivery of care.
5. Demonstrate the cognitive skills to be able to benefit from instruction and training/retraining of functional skills.
6. Demonstrate medical stability to be able to participate in an intensive rehabilitation program.

**Continued Stay Criteria:**

For continued stay in the rehab unit, the patient must:

1. Exhibit the ability to make improvements/functional gains during their stay.
2. Be able and willing to participate in the program.
3. Demonstrate ongoing progress toward appropriate functional goals and objectives established by the interdisciplinary team, in conjunction with the patient/family/caregiver. Goals will be focused on the patient achieving the

A patient will be discharged from the rehab unit when:

1. The patient's goals have been met and the patient is ready to transition to the next level of care.
2. The patient's progress plateaus and the rehab team notes no functional improvement.
3. The patient is unable to tolerate or participate in the three hours of therapy per day required by the program.
4. The patient becomes medically unstable and requires a different level of care.
5. Patient is non-compliant with the program despite coaching, counseling and education.