

Department of Physical Medicine and Rehabilitation

Scope of Practice of PM&R

Mission:

The Department of Physical Medicine and Rehabilitation at URMC delivers comprehensive rehabilitation services to optimize the health and function of patients in a safe, compassionate patient/family centered environment enriched by education, science and technology.

Vision:

The department of PM&R will be the provider of choice for Physical Medicine and Rehabilitation services in the greater Rochester area, recognized for its expertise in Adult and Pediatric Spinal Cord Injury, Stroke and general rehabilitation.

Values:

Guided by the needs of our patients, families, staff and trainees we are strongly committed to these values with

- Integrity – We conduct ourselves in a fair, responsible and trustworthy manner.
- Compassion – We act with empathy and understanding toward others.
- Accountability – We are obligated to take responsibility for our actions and join with colleagues in realizing the hospital's vision.
- Respect – We treat patients, families and colleagues with dignity and sensitivity, valuing their differences.
- Excellence – We rise above the ordinary through personal and team efforts.

Objectives:

While embracing the ICARE values of URMC, we will provide:

- Team oriented, seamless inpatient, outpatient and SNF rehabilitation for Neurorehabilitation, Musculoskeletal/Orthopaedic Rehabilitation, Pediatric Rehabilitation and Cardiopulmonary/Complex Medical/Transplant and General Rehabilitation
- Continuous patient education throughout their course of treatments
- Patient care with improved communication and coordination with providers internally and externally
- Patient and family centered care; we would show improved outcomes in quality, efficiency and

surgical units and one area skilled nursing facility. PM&R has its own residency training program and we train both physical and occupational therapy students from area PT and OT schools.

I. Inpatient Rehabilitation

Our acute inpatient rehabilitation unit housed in Strong Memorial Hospital is equipped with a well-coordinated, multidisciplinary team of experts to care for the patients. Each patient benefits from a personal rehabilitative team with expertise in specific illnesses and injuries, led by a physiatrist (a doctor who specializes in Physical Medicine & Rehabilitation). The PM&R team includes the patient and family, occupational, physical, speech and recreational therapists, a neuropsychologist, social workers and rehabilitation nurses. With support from the Golisano Children's hospital, we are able to admit persons 6 through 18 years old.

Conditions we treat: Each year, we treat hundreds of people with serious physical disabilities as a result of Amputations, Arthritis, Burns, Cardiac disease, Debility, Multiple traumas, Musculoskeletal conditions, Neurological diseases, Organ transplants, Orthopaedic conditions, Spinal cord injury, Brain injury and Stroke.

Our 20-bed inpatient unit has everything patients need to complete their rehabilitation journey, including:

- State-of-the-art therapeutic facilities and equipment
- A therapy gym to regain movement and build strength
- A completely furnished "living skills" apartment
- A real car to practice mobility and transfers
- A professional team to provide round-the-clock care
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III. **Adult and Pediatric Occupational Therapy Services Outpatient**

psychiatry Fellows rotating in PM&R for learning