



**Length: 16 Hours**

**Target Audience:**  
Individuals involved in exercise programs and/or exercise design, development, conduct, control, evaluation, and improvement planning. These individuals include exercise planning team members, controllers and facilitators, exercise evaluators, exercise program managers, and senior leaders.

**Cost:**  
There is no fee for the course. Other cost considerations are detailed in each LMS course offering.

**Signup Details:**  
Register through the New York State DHSES Learning Management System. Access the LMS through the link on the calendar webpage.