Paving the Way with a Preceptorship

was encouraged when he was invited to interview in the Fall for the highly competitive program.

at's when he decided to apply to one of Eastman's 12 Preceptorship programs, designed to provide dentists with opportunities to obtain practical experiences in postdoctoral dental education, basic and translational sciences and to increase the knowledge base in advanced and specialty dentistry, dental public health treatment of diverse patient populations.

"Dr. Yunker's enthusiastic words gave me a positive energy to apply and keep pursuing my dream, which was also shared by my family."

With his family's support, Youssef left behind his wife and son, friends and job to begin the four month preceptorship program at Eastman in January, 2017. "All I needed to do was to prove to everyone that I have the capability of being a good dentist.

"From the rst day that I stepped my foot in the Eastman Institute, it felt like home, especially after meeting with the chair, Dr. Hans MalmstrÖm, who was very humble and very supportive," he said.

After settling in and getting to know the faculty, residents and sta in the General Dentistry Department where the AEGD residency program is housed, he began to shadow Dr. MalmstrÖm as he assisted and helped the residents with various treatment procedures.

"I was surprised at the level of teamwork and the preceptee experience fueled my desire to get into the program even more," he explained. "I promised myself I would not lose this opportunity to be one of his students."

Youssef credits many residents who gave him the chance to present with them in their literature reviews. "Everyone was so helpful, friendly and respectful," he added. "Helping them present gave me an opportunity to show my skills and be more engaged with the team."

But Youssef's persistence, positive attitude and determination would not prevail. In the middle of his preceptorship, he received his rejection letter.

"I was so disappointed, but I decided to look at the positive side and be grateful for the opportunity to see this amazing place, where the quality of the education and treatment is phenomenal," he said. "It made me even more eager to achieve my dream."

During the last week of his preceptorship, he was packing his bags to head back to Egypt.

"He performed very well in the preceptorship this Spring so we decided that we wanted to make a spot available for him," said Dr. MalmstrÖm. "He especially demonstrated his skills and interest in research, so we allowed him the opportunity to join the three year program, which entails one year of research followed by the two year AEGD program."

"I was so shocked!" Youssef said. "It was one of my happiest moments in my life. He made my dream come true. It's such an honor to be part of a well renowned institute."

Today, Youssef is involved in many research projects under the supervision of Drs. MalmstrÖm, Xiao and Ren. "It's an amazing opportunity, and a really good experience to be among their teams." he said.



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~ Moustafa Youssef