

Date: _____

Dear _____,

Due to our family history of cancer, I had genetic testing to help me understand my risk of developing cancer. I was tested for inherited changes (or mutations) that are associated with different types of cancer. My test identified a mutation in the _____ gene.

This test result means I have an increased risk for cancer. Fortunately, there are steps I can take that can reduce my risks, which is why I had genetic testing and why I am sharing this information with you and other family members.

You or other family members (related by blood) may also have this mutation. I encourage you to make an appointment to have genetic counselling. At this visit, you will discuss your personal risk of cancer and options for genetic testing with a genetic specialist.

Steps to take to have genetic counseling:

- 1. Call the Wilmot Cancer Institute Hereditary Cancer Screening and Risk Reduction office at (585) 486-0609 to discuss genetic testing.**
- 2. You can have a telehealth visit over the phone or Zoom video. You do not need an “in person” visit to have genetic testing.**
- 3. If you live outside New York State, call your primary care doctor to inquire about who to see for genetic counseling in your area.**
- 4. Bring the copy of my genetic testing result (included with this letter) to your appointment for genetic counseling. This is required.**

For more online information about cancer genetics:

National Cancer Institute:

<http://www.cancer.gov/about-cancer/causes-prevention/genetics/genetic-testing-fact-sheet>

NCI website has basic information about genetic testing and interpreting as well as links to more detailed information about specific genetic mutations.

Oncolink:

www.oncolink.org/risk-and-prevention/genetics-family-history

Articles and resources about how your genetic make-up and family history (or lack of) influence your cancer risk.

Sincerely,
